

HLED 703 Online
Teaching Methods in Health Education
3 credits

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Suggested Texts:

Ansbaugh D. J. and Ezell G. (2007) Teaching Today's Health in Middle and Secondary Schools. 8th Edition, Macmillan College Publishing Company, New York.

Comprehensive School Health Education: Totally Awesome Strategies for Teaching Health, Meeks, Heit and Page. 7th edition, 2011.

Supplemental power point information will be available on D2L.

COURSE DESCRIPTION

This course is the practicum experience in the 910 add-on certification program at UWSP. Unlike the other content classes in the program, the format of the class is mainly self-directed. The purpose of this course is to gain lesson planning and teaching experience in health education. The class participants will have the opportunity to write lesson plans and teach actual lessons in a health education classroom setting. In this self-directed course, the class participants will teach 5 health education lessons that they have arranged with their school district. All lessons must be taught by July 3rd. The setting is the class participant's choice (elementary, secondary, 4th quarter, summer session, etc.)

TEACHING PROCEDURE

The goal of this project is to give you experience in planning and teaching lessons in health education. The goal is not to be burdensome. There is a great deal of flexibility in this assignment. You can pick any grade level at any school. You can teach every day for a week, or you can spread the classes out over multiple weeks. The experience must be finished and the practicum summary needs to be submitted by July 3rd.

1. Identify the school/class that will allow you to teach your 5 lessons in the area. This can be a combination of 4th quarter and summer school if that works out the best for you.
2. The content of the classes will probably be determined by the experience that you have arranged.
3. Communicate your arrangement with the course instructor via email. Include:
 - a. The school
 - b. The cooperating teacher
 - c. The content area
4. Lesson plans should be submitted on D2L prior to the class that you are going to teach. See requirements below.
5. After each class, please submit a lesson reflection on D2L.

6. You may decide which class that you are going to video record and submit to D2L, or via email. Whichever is more convenient for your video format.
7. After all 5 lessons are taught, write and submit your practicum summary on D2L on or before July 3rd. See requirements below.

COURSE EVALUATION

Lesson plans (5 x 50 points)	250 points
Lesson Reflections (5 x 20 points)	100 points
Video submission	50 points
Practicum Summary	100 points
 Total	 500 points

Evaluation Descriptions

Lesson Plans

Lesson plans must be submitted on D2L prior to teaching each of the 5 lessons. The format of the lesson plan is up to the individual (you can use a format to which you are accustomed), but must include the following:

- The content area
- The grade of the students
- Objectives
- National Health Education Standards addressed in the lesson
- Detailed lesson procedure
- Evaluation/assessment

Lesson Reflection

Class participants must reflect on their 5 individual teaching experiences. The reflection should include general feelings about the teaching experiences. What was done well? What could have gone better? How did the students respond to your teaching strategies?

Video submission

One lesson must be video recorded and submitted on D2L.

Practicum Summary

A comprehensive summary of the entire teaching experience (3-5 pages) must be submitted after the final lesson is taught. Please include the following in the summary:

Opening

- In what school did you teach?
- What were the content subjects of the classes?
- What grade were the students?
- What were the students like (behavior)?

Content

- What were some interesting techniques that you used?
- In your opinion, did you adequately cover the content? WHY/WHY NOT?

- What did you learn that you did not know before about teaching?
- What in general did you do well? WHY?
- What in general would you change about the lessons and your performance if you could? WHY?

Closing

- What will you take from this experience and use in the future? WHY?
- What will you not use in the future?
- What was your overall impression of the project? Did you like it or dislike it and why?
- Was it helpful?

CLASS POLICIES

1. Full participation is expected.
2. **Late work will result in a 10 point deduction/per day.** All assignments are due in the D2L dropbox on the assigned date.
3. All work should be typed and double-spaced unless stated otherwise.